

# CENTER FOR CULTURAL HUMILITY

## XX WHAT WE ARE

The Center for Cultural Humility (CHUM) is among the largest interdisciplinary training and community engagement centers in the world focused on Diversity, Equity, Inclusion, and Belonging (DEIB). We are passionate about embedding culturally responsive ideals into practice, policy, and research.

Using immersive, evidence-based, nonjudgmental professional development pedagogy, we focus on generating and advancing best practices for engagement with culturally diverse communities to improve social, health, and economic outcomes in these populations.

## XO WHAT WE DO

Focusing on the intricate and nuanced idea of "cultural humility," CHUM uses robust, data-driven approaches to help professionals—ranging from healthcare practitioners and social workers to educators, nonprofit and business professionals and policymakers—genuinely lean into DEIB in an effort to form better relationships with people "who aren't like them."

## OX WHAT WE OFFER

CHUM offers a variety of rigorous evidence-based programs, including trainings on Cultural Humility, Trauma-Informed Care, Anti-Racism, Restorative Justice, Community-Based Participatory Research, and Citizen Science. All of the trainings that we offer are available virtually and in-person.

Upon completion, participants receive a completion certificate and may be eligible for Continuing Education credits. We also offer *free* ongoing, virtual self-care and strategy groups for professionals and community members from historically disadvantaged backgrounds.

## OO WHO WE ARE

CHUM is led by an experienced, culturally diverse mix of educators, clinicians, researchers, students, and grassroots community professionals. We are based at the University of California Berkeley, with collaborations and partnerships spanning the globe.

