# TRAINTHETRAINER

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### A BRIEF OVERVIEW

In addition to the Center for Cultural Humility (CHUM) offering "regular" trainings where we teach concepts, approaches, and skills in relation to topics like cultural humility, we also offer a train-the-trainer program where trainees are taught not only principles and skills on the topic, but also how to educate and train others on those very principles and skills. So, what's a "train-the-trainer"? In brief, a train-the-trainer program is an intuitive but clunky way of describing a training program that is meant to impart the awareness, knowledge, and technical skills needed to successfully deliver a training.

Train-the-trainer programs like CHUM's are typically geared for individuals who are looking to (1) advance their professional development competencies in cultural responsiveness and conflict resolution, (2) build internal capacity to provide your own evidence-based trainings on these complex topics, and (3) increase the scale and trainingsoip@hofsyeosppaces.

### THE CHUM APPROACH

We offer virtual and in-person train-the-trainer programs for all six of our core evidence-based trainings, including cultural humility, trauma-informed care, restorative justice, anti-racism, community-based participatory research, and citizen science.

Learn more on the next page!



### our train-the-trainer program

in broad strokes

Our train-the-trainer program is a rigorous training program providing professionals with the awareness, knowledge, skills, competencies, and support needed to successfully deliver one of our robust, evidence-based trainings.

A deeper dive Our train-the-trainer program is a 35-hour commitment, consisting of 15 hours of virtual "didactics" training and 20 hours of shadowing of our "real world" trainings. Through this process, you will receive dynamic, hands-on instruction on the core trainings' intellectual elements and interactive approaches. Over this period, you will also learn about tailoring our evidence-based content to demographically and professionally diverse audiences, successfully engaging trainees visually and interpersonally, and completing evaluations and assessments of the trainings.

### **Key train-the-trainer training features**

- Training on novice, intermediate, and advanced training content, principles, and facilitation skills
- Ability to deliver our evidencebased trainings to any audience without limit
- Access to a 80-page trainer's PDF manual to support implementation
- Inclusion in our live Discord chat community for ongoing tactical and psychosocial support
- Ongoing connection to evolving best practices and new training activities and resources
- Optional access to our robust, engaging slide decks (220 custom PowerPoint slides)

## THE <u>SEVEN</u> REQUIREMENTS FOR CHUM TRAIN-THE-TRAINER ACCREDITATION



- 1. completion of 15 hours of virtual training on train-the-train principles
- 2. completion of a 30-minute knowledge exam
- 3. completion of 20 hours of virtual shadowing of CHUM's live trainings

- 4. ongoing submission of validated CHUM training evaluation surveys
- 5. annual completion of 10 hours of free virtual CHUM trainings





- 6. maintaining above average to excellent feedback from trainees on evaluation surveys
- 7. upholding ethical and equitable conduct in the delivery of trainings



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